# SAVE THE DATE

for the Linus Pauling Institute's

Diet and Optimum Health Conference

# PRECISION HEALTH: LIVING LONGER, BETTER

September 19 & 20, 2023

Photo: Ascorbic Acid Crystals by Henri Koskinen

### **Conference Topics:**

- Precision Nutrition
- Healthy Aging
- Cognition and Neurodegeneration
- Immunity
- Microbiome

#### **Conference Chairs:**

- Emily Ho, PhD, Endowed Director of the Linus Pauling Institute and Professor of Nutrition, Oregon State University
- Maret Traber, PhD, the Ava Helen Pauling Endowed Professor at the Linus Pauling Institute and Emeritus Professor of Nutrition, Oregon State University
- Adrian Gombart, PhD, Professor of Biochemistry and Biophysics and Principal Investigator at the Linus Pauling Institute, Oregon State University

### Featuring:

- Keynote Speaker Panels
- Conference Banquet
- Lightning Talks
- Poster Session
- Young Investigator Awards

#### Where:

CH2M HILL Alumni Center Oregon State University Corvallis, Oregon

#### For Information:

Go to <u>lpiconference.org</u> or email <u>lpi@oregonstate.edu</u>

Details on registration will be made available soon. Sponsorship opportunities are available.

# 2023 Confirmed Speakers

### **Precision Health**

#### **Precision Nutrition Keynote Panel**

Holly Nicastro, PhD, MPH National Institutes of Health

Cindy Davis, PhD US Department of Agriculture

#### How Big Data Informs Optimal Nutrition

Michael Snyder, PhD Stanford Medicine

Bruce Lee, PhD
The City University of New York

Melissa Haendel, PhD University of Colorado, Anschutz

## Nutrition and the Microbiome: More Than What You Eat

Peter Turnbaugh, PhD University of California San Francisco

Sharon Donovan, PhD University of Illinois Urbana-Champaign

### **Promoting Healthspan**

#### Healthy Aging Keynote Panel

Holly Van Remmen, PhD Oklahoma Medical Research Foundation

David Furman, PhD Buck Institute for Research on Aging

## What to Do About Getting Older: Healthy Aging Interventions

James Kirkland, MD, PhD Mayo Clinic

Niki Chondrogianni, PhD National Hellenic Research Foundation

Laura Baker, PhD Wake Forest University

#### Fortifying an Aging Immune System

Heather Zwickey, PhD National University of Natural Medicine

Shipra Vaishnava, PhD Brown University

Daren Knoell, PharmD, FCCP University of Nebraska Medical Center

# Slowing the Decline: Cognitive Function and Aging

Lukasz Ciesla, PhD
The University of Alabama
Sarah Booth, PhD
Tufts University

